

Chronic Stress and Lack of Social Support:

There is a strong association between social isolation and poor health outcomes. Social isolation is related to poor health outcomes and stress.

Percentage of Adults without adequate social/emotional support, Milwaukee County

2005-2011	2006-2012	WI	US
21.2%	20.9%	16.1%	20.7%

Alcohol Misuse Including Binge Drinking:

The consequences of abuse and addiction are major contributors to other social, physical, mental, and public health problems and various forms of violence and injury. Binge drinking and heavy drinking: Heavy drinking is defined as having an average of more than two drinks per day for men, or an average of more than one drink per day for women. Binge drinking is defined as consuming four or more alcoholic beverages at one time for women, or five or more alcoholic beverages at one time for men.

Adults 18 Years and Older Reporting Binge Drinking in Past 30 Days, City of Milwaukee

2006	2009	2012	2015	WI	US	HP2020
20%	19%	32%	35%	23%	17%	24.4%

Proportion of the Population Reporting Heavy Drinking in Past 30 Days, City of Milwaukee

2006	2009	2012	2014	WI	US	HP2020
7.9%	9.3%	8.0%	8.1%	7.2%	6.1%	N/A

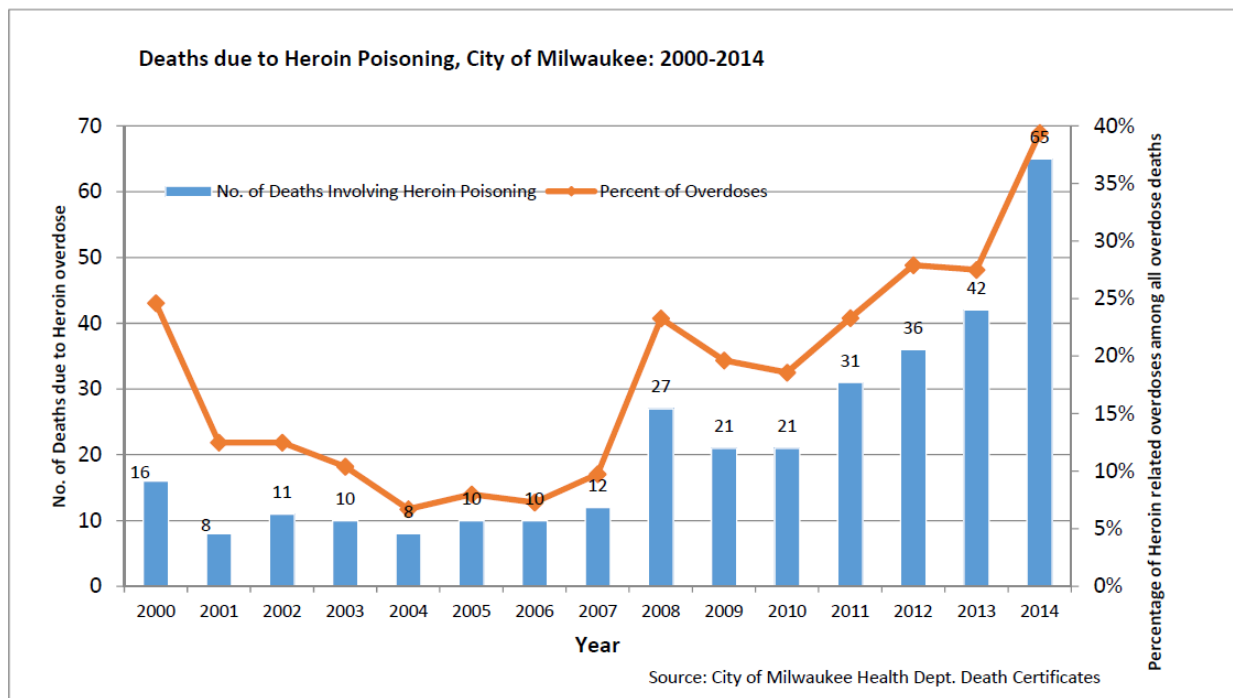
Prescription Drug and Opiate Misuse Including Overdose:

Nonmedical Use of Pain Relievers in the Past Year among Persons Aged 12 or Older

Location	Estimate (95% CI)
Milwaukee County	5.66% (4.21% - 7.56%)
Wisconsin	4.74% (3.94% - 5.68%)
National	4.63% (4.49% - 4.78%)

Annual averages based on 2010, 2011, and 2012 National Survey on Drug Use and Health, percent of population.

The number of deaths involving heroin poisoning have noticeably increased in the city of Milwaukee, from 10 in 2006 to 65 in 2014.



Lack of Access to Mental Health Services:

Mental illness is the most common cause of disability in the U.S. Mental health can be defined as a state of successful mental function, resulting in productive activities, fulfilling relationships, and an ability to adapt and cope with challenges. Mental health issues are associated with increased rates of risk factors such as smoking, physical inactivity, obesity and substance abuse.

Mental Health Condition (Treated for or Told you had it in the Past 3 Years), City of Milwaukee

2009	2012	2015
14%	16%	19%

Felt Sad, Blue or Depressed Always or Nearly Always in the past 30 days, City of Milwaukee

2003	2006	2009	2012	2015
9%	10%	9%	9%	8%

Psychiatric Hospitalizations Per 1000 Population Milwaukee County

2008	2009	2010	2011	2012	2013	WI
10.1	10.1	10.3	9.8	9.7	9.6	6.4

Access to health care includes medical, dental and mental health care and impacts overall physical, social and mental health status. The prevention of disease and disability as well as detection and early treatment of conditions improve quality of life, prevent death, and increase life expectancy.

Percent of Adults (18+) not Currently Covered by Health Insurance, City of Milwaukee

2003	2006	2009	2012	2015	WI	US
11%	13%	15%	17%	6%	12%	17%

Percent of Population Uninsured all Year Over Past Year, City of Milwaukee

2005	2006	2007	2008	2009	2010	2011	2012
10%	7%	8%	8%	13%	11%	15%	10%

Ratio of Population to Mental Health Care Providers in Population Milwaukee County

2014	2015	2016	WI
734:1	430:1	401:1	587:1

**Additional data and information about the sources of data can be found in the Community Health Assessment at www.milwaukee.gov/MKEelevate.*